# FAST!

Six Sigma Tools for Quick Wins



By Management and Strategy Institute

# Contents

| CHAPTER 1: The Mindset of Fixing It Fast  CHAPTER 2: Finding Your First 5 Fixes  CHAPTER 3: The Power Tools of Quick Wins  CHAPTER 4: Quick Wins in Action | 2                               |                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|------------------------------------|
|                                                                                                                                                            | 8                               |                                    |
|                                                                                                                                                            |                                 | 15                                 |
|                                                                                                                                                            |                                 | CHAPTER 5: Making Quick Wins Stick |
|                                                                                                                                                            | CHAPTER 6: When to Think Bigger | 20                                 |
| CONCLUSION – The Fix It Fast Promise                                                                                                                       | 23                              |                                    |

#### **INTRODUCTION – Why Quick Wins Matter**

#### The Cost of Broken Processes and "Business as Usual"

Every business runs on processes - some are well designed, some just "kind of work," and some haven't been questioned in years. The problem is that many organizations operate in a state of quiet acceptance, where frustrating routines and inefficient systems are simply considered part of doing business. This is the trap of "business as usual."

The cost of these broken processes isn't always obvious, but it adds up quickly. Small errors turn into rework. Delays frustrate customers. Employees spend hours on tasks that should take minutes. Each wasted step drains time, money, and morale. Over time, these inefficiencies create a hidden tax on the entire organization - a tax paid in lost productivity, missed opportunities, and employee burnout.

What makes this worse is that most companies don't recognize the price they're paying. A shipping delay here, a misfiled form there, or a few minutes spent searching for missing information may not seem like much in isolation. But multiply that by days, weeks, and teams of people, and the true cost becomes staggering.

Quick wins matter because they break this cycle. They prove that change doesn't have to mean massive overhauls or expensive technology investments. Instead, small, targeted improvements can eliminate recurring headaches and deliver immediate results. These quick fixes often cost little to implement, but they create momentum. They show employees and leaders alike that problems can be solved - and that progress can happen faster than expected.

In this book, we'll focus on those quick wins. We'll look at practical Six Sigma tools that anyone - regardless of job title or training - can use to spot problems, fix them, and start building a culture of continuous improvement. Because when it comes to fixing broken processes, waiting for "someday" costs too much.

#### Why Speed Matters - How Quick Wins Build Trust and Momentum

Change inside an organization can be tricky. Employees are often cautious, even skeptical, when they hear that a "new improvement initiative" is coming. They've seen well-intended efforts drag on for months, bogged down by meetings, reports, and promises that never turn into action. When nothing visible happens, people lose faith - not just in the project, but in the leaders behind it.

That's why speed matters. When teams see a problem identified and fixed quickly, something shifts. They see proof that change is possible. A process that used to frustrate them is suddenly smoother. A recurring issue that wasted their time is gone. That single quick win becomes a signal: this effort is real, and it's working.

Quick wins also build momentum. One improvement sparks ideas for another. Small successes energize the team and encourage participation. People who were once hesitant start pointing out other problems that could be solved. Instead of resisting change, they start driving it.

Even leadership gains confidence when quick results are visible. Decision-makers see that Six Sigma tools don't require months of preparation to make an impact - they can deliver value now. This trust becomes the foundation for bigger, more complex projects later.

In short, quick wins aren't just about fixing a single issue - they create belief, buy-in, and the push needed to keep moving forward. When you show results fast, people stop doubting and start building.

# What This Book Isn't (No Deep Dives into Stats, No Belt Talk)

Before we go any further, let's be clear about what you won't find in this book.

This isn't a textbook on Six Sigma statistics. You won't be wading through complex formulas, probability equations, or control chart calculations. Those topics have their place in advanced Six Sigma training, but they're not necessary to start fixing problems today.

This also isn't a book about earning belt levels. There's no long explanation of what a Green Belt does versus a Black Belt, and no roadmap for certification. While Six Sigma belts are valuable for formal training, this book is about something different - getting immediate results using a handful of tools that anyone can pick up and apply.

Most importantly, this isn't theory for theory's sake. Every page is focused on action. You'll learn simple methods to find problems, fix them, and see results without needing weeks of classes or expensive software.

If you're looking for a dense reference manual, this isn't it. But if you want to start making improvements tomorrow - without becoming a statistician or a certified "belt" - you're in the right place.

# Who This Book Is For (Managers, Team Leaders, Business Owners, Anyone Who Wants to Solve Problems Now)

This book is for the people who are tired of waiting for things to get better on their own.

It's for managers who see their team wasting hours on avoidable mistakes but don't have time for a six-month overhaul. It's for team leaders who are asked to "fix it" without being handed a clear roadmap. It's for business owners who know that every delay, every extra step, and every frustrated customer is costing them money.

But it's not just for people with titles. This book is for anyone who wants to make work smoother and less frustrating - frontline employees, office staff, customer service reps, or anyone who sees a process that could run better.

You don't need to be an expert in Six Sigma. You don't need a math degree. You don't even need permission to start. What you do need is curiosity, the willingness to ask, "Why do we do it this way?" and the drive to take small steps toward a better answer.

If that sounds like you, you'll find this book is a toolkit you can actually use - not someday, not after months of training, but right now.

# **CHAPTER 1: The Mindset of Fixing It Fast**

# **Understanding the "Continuous Improvement" Mindset**

At the heart of every successful improvement effort is one simple belief: things can always get better. That's the essence of the *continuous improvement* mindset.

It's not about tearing everything down or assuming that everything is broken. It's about staying curious, looking at how work gets done, and asking, "Could this be easier? Could this be faster? Could this be less frustrating?"

People who embrace this mindset don't wait for major overhauls or corporate-wide projects to make change. They notice the small things - a form that asks for the same information twice, a tool that's stored in the wrong place, a report that no one actually reads - and they do something about them.

The power of continuous improvement is that it's never finished. You don't "complete" it and move on. Instead, you build a habit of looking for opportunities every day. A small fix today leads to another one tomorrow. Over time, those small changes add up to big results.

This mindset also shifts how teams see problems. Instead of viewing mistakes or inefficiencies as failures, they see them as chances to improve. That shift - from blame to curiosity - is what creates workplaces where real progress happens.

Quick wins start here. When you think like a continuous improver, you stop accepting "that's just how we do it" as an answer. You start looking for what you can fix *right now*.

#### Why You Don't Need to Overhaul Everything at Once

When people hear the word "improvement," they often picture massive changes - new systems, new software, or a complete reworking of how everything gets done. That image can be paralyzing. If fixing things means upending the whole operation, it's easier to do nothing and stick with "business as usual."

But here's the truth: you don't need to overhaul everything at once. In fact, trying to fix *everything* at the same time almost always backfires. Teams get overwhelmed, resources get stretched thin, and enthusiasm quickly turns into frustration.

Real progress starts smaller. One broken step in a process. One recurring mistake. One source of customer complaints. Fixing just *one* of those things can make a visible difference - often faster than anyone expects.

This approach is powerful for two reasons:

- 1. It's doable. Small, targeted improvements feel manageable, so people are willing to start.
- 2. It builds momentum. Once a quick win is in place, people see what's possible and are eager to find the next thing to improve.

Think of improvement like tidying up a messy room. You don't need to renovate the whole house to feel the difference - you just need to clear one cluttered corner. That single change makes the space feel better and motivates you to keep going.

The same is true for your business. Fix one thing today, and you've already started building a better tomorrow.

# The Danger of Waiting for the "Perfect" Solution

In many organizations, problems are obvious - but action gets stalled because everyone is waiting for the "perfect" solution. Leaders want to analyze every detail, gather every piece of data, and create a flawless plan before taking the first step.

The result? Nothing changes.

While teams hold out for perfection, broken processes keep wasting time, customers stay frustrated, and employees keep working around the same old issues. The search for the "ideal" fix becomes an excuse for inaction, and the longer it takes to decide, the more damage those problems cause.

Perfection is also a moving target. By the time the "perfect" plan is ready, circumstances may have shifted, the problem might have evolved, or enthusiasm for solving it may have faded.

Quick wins don't aim for perfect - they aim for better right now. A simple improvement made today can eliminate a major frustration and free up time and energy for the next step. Over time, those small steps lead to bigger change, often faster than waiting for a single flawless answer ever would.

Waiting for perfect keeps you stuck. Acting on good enough to improve gets you moving.

#### How Quick Fixes Pave the Way for Bigger Transformations

Big transformations don't start with grand speeches or massive overhauls - they start with a single, small improvement that proves change is possible.

Quick fixes create this spark. When a team sees a frustrating process simplified in a single afternoon, or a common error eliminated with one simple adjustment, something important happens: they believe improvement is real. That belief is powerful.

Each quick fix removes friction. It clears away daily annoyances and frees up time, energy, and attention for bigger challenges. Instead of spending hours on repetitive workarounds, teams can focus on meaningful improvements.

Quick wins also shift the culture. They send a clear message that problems aren't permanent and that action doesn't have to be complicated. Once people see small changes making a real impact, they become more open to larger initiatives.

In short, quick fixes aren't just small - they're strategic. They build trust, show momentum, and lay the groundwork for the kind of deep, lasting transformation that once felt out of reach.

# **CHAPTER 2: Finding Your First 5 Fixes**

# How to Spot "Low-Hanging Fruit" (Look for Complaints, Bottlenecks, Rework)

The fastest way to start improving your workplace isn't to launch a massive investigation - it's to look for the obvious problems hiding in plain sight. These are the "low-hanging fruit," the issues you can tackle quickly that will make an immediate impact.

So, how do you spot them?

# 1. Listen for Complaints.

Every sigh, every grumble, every "Why do we have to do it this way?" is a clue. When employees complain about the same thing over and over, it's a sign of a process that isn't working. Don't dismiss those frustrations - write them down. They're often pointing directly to the fixes that will make the biggest difference.

#### 2. Watch for Bottlenecks.

Where does work get stuck? Maybe invoices pile up waiting for one person's approval, or shipments sit for days because one step in the packing process slows everything else down. A single bottleneck can hold up an entire chain of work - and clearing it can free up hours, even days, of time.

#### 3. Identify Rework.

Any time something has to be redone - whether it's correcting an error, re-entering information, or reprinting documents - it's a sign of waste. Rework doesn't just burn time; it burns morale. Fix the root cause, and you'll instantly lighten the load for everyone.

Finding these "first five fixes" doesn't require a deep dive into data or a long list of meetings. It just takes paying attention, asking questions, and noticing where frustration, delay, and duplication happen most.

Those easy-to-spot problems are the perfect starting point - they're small enough to fix fast, but big enough that solving them will be felt immediately.

#### The 80/20 Rule: Finding the 20% of Issues Causing 80% of Problems

Not all problems are equal. Some issues are minor annoyances, while others quietly drain time, money, and energy every single day. The key to fixing things fast is knowing which problems deserve your focus first - and that's where the 80/20 Rule comes in.

The 80/20 Rule, also called the Pareto Principle, says that roughly 80% of results come from just 20% of causes. In other words, a small number of issues are responsible for the majority of your headaches.

#### Think about it:

- A handful of customer complaints probably account for most of your refunds.
- A couple of process steps may be responsible for nearly all your delays.
- A few recurring mistakes likely create most of the rework on your team.

By identifying those "vital few" issues, you can stop wasting time chasing minor problems and instead fix the ones that actually matter.

#### Here's how to use it:

- 1. List your issues. Write down all the complaints, errors, or delays you've noticed.
- 2. Count how often they happen. Even a rough tally will reveal patterns.
- 3. Focus on the biggest offenders. Circle the few problems that happen the most or create the most frustration.

Fixing those key issues first doesn't just solve the bulk of your problems - it creates quick, visible wins that prove improvement is working. Once you've tackled the critical 20%, the rest becomes easier to manage.

# Real Examples: Common Quick Wins in Office Settings, Retail, and Manufacturing

Quick wins don't need to be complicated - they're often small, obvious fixes that everyone will appreciate the moment they happen. Here are some real-world examples from different environments:

#### In the Office

- The shared file nightmare: Employees were wasting time digging through cluttered folders on the company server. A simple reorganization and consistent naming system cut search time in half.
- Approval delays: Documents sat in inboxes for days waiting for a manager's signature. Setting up an auto-notification email whenever a file needed approval sped things up instantly.
- Redundant reporting: Two teams were creating similar weekly reports, duplicating effort. Combining the reports into a single version saved hours every week.

#### In Retail

- Misplaced price tags: Customers were frustrated by mislabeled shelves. A 10-minute daily check of signage by the opening crew reduced pricing errors by 90%.
- Checkout slowdowns: Cashiers were pausing to hunt for bags under the counter. Moving bags to an easy-reach spot sped up the line and made customers happier.
- Inventory headaches: Staff couldn't find certain products in storage. Adding simple labels and a basic map of where items are stored cut search time dramatically.

#### In Manufacturing

- Tool searching: Operators spent minutes looking for the right wrench or gauge. Shadow boards (outlines showing where each tool belongs) ended the daily scavenger hunt.
- Frequent machine jams: A single machine kept clogging because of dust buildup. A two-minute cleaning step between shifts solved the problem and reduced downtime.
- Quality rechecks: Inspectors were double-checking the same product because the "checked" items weren't marked. A quick sticker system eliminated the confusion.

These examples might seem simple - and that's the point. They show that fixing just one small, visible problem can save time, reduce frustration, and build the confidence needed to tackle the next improvement.

# **Checklist: 5 Questions to Ask When Looking for Fast Fixes**

When you're trying to find your first quick wins, you don't need complicated surveys or months of data. You just need to ask the right questions - and listen carefully to the answers. Here's a simple checklist to guide you:

# 1. Where do people complain the most?

Look for patterns in what frustrates your team, your customers, or even you. Repeated complaints often point to easy wins waiting to be fixed.

# 2. Where does work get stuck?

Identify the steps that slow everything down. If paperwork piles up on one desk or products sit waiting for one approval, that's a sign of a bottleneck you can clear fast.

# 3. What keeps getting redone?

Any task that's frequently corrected, reprinted, or reworked is an opportunity. Stopping the errors at their source saves time immediately.

#### 4. What takes more steps than it should?

Processes tend to grow messy over time. Ask yourself: "Is there a simpler way to do this?" Often, you'll find extra steps that can be eliminated without harm.

# 5. What would make today easier for everyone?

Sometimes the best question is the simplest. Ask employees what one change would make their day smoother - you'll get answers that lead to fast, meaningful improvements.

Keep this checklist handy. The goal isn't to solve every problem at once - it's to spot the fixes you can implement quickly that deliver an immediate sense of progress.

# **CHAPTER 3: The Power Tools of Quick Wins**

#### The Pareto Chart: How to Rank Problems and Focus Efforts

When you're staring at a list of problems, it can feel overwhelming. Which issue should you fix first? Which one will have the biggest impact? This is where the Pareto Chart comes in - a simple but powerful tool that helps you separate the few major problems from the many minor ones.

The Pareto Chart is based on the 80/20 Rule (the idea that 80% of problems come from about 20% of causes). The chart visually shows which issues are causing the most trouble so you can focus your energy where it counts.

#### Here's how to use it:

- 1. List your problems. Write down the recurring issues you see errors, complaints, delays, defects, anything that causes frustration or rework.
- 2. Count how often they happen. Track frequency for a week or a month, depending on the problem. Even rough counts can reveal a pattern.
- 3. Create the chart. Draw a bar for each issue, with the tallest bar on the left (the problem happening most often) and the shortest on the right.
- 4. Draw a line showing the cumulative total. This line helps you see how quickly a few issues add up to most of your problems.

What you'll usually see is clear: just two or three problems account for most of the pain.

#### Example:

A small print shop tracked all customer complaints for a month. The Pareto Chart revealed that 75% of complaints came from just two causes: late orders and incorrect proofs. Instead of chasing every tiny issue, they focused on those two. Fixing them dramatically improved customer satisfaction - and reduced stress for the whole team.

The Pareto Chart doesn't just organize information - it points you directly to the problems worth fixing first. Instead of spreading effort thin, you can target the vital few and get quick, meaningful wins.

#### 5 Whys: Getting to the Root Cause Without Overthinking

Sometimes a problem looks simple on the surface, but fixing it doesn't last - because the real issue was never addressed. That's where the 5 Whys method comes in. It's a straightforward way to dig past symptoms and uncover the true cause of a problem - without turning it into a drawn-out investigation.

The idea is simple: ask "Why?" five times. Each answer peels back another layer, bringing you closer to the root cause. By the time you've asked the fifth "Why," you'll often find the core issue that needs to be fixed.

Here's how it works in practice:

#### Example:

- Problem: A shipment arrived late.
- Why? Because the delivery truck left the warehouse two hours late.
- Why? Because the paperwork wasn't ready when the driver arrived.
- Why? Because the manager had to reprint several missing forms.
- Why? Because the forms weren't saved correctly in the system.
- Why? Because the team wasn't trained on how to save them to the shared drive.

The *symptom* was late shipments. The *root cause* was missing training.

The beauty of the 5 Whys is that it's fast and doesn't require data crunching or special software. It keeps you from slapping a "bandage" on a problem (like telling the driver to leave earlier) and instead pushes you to fix the real issue (training the team).

Not every problem requires exactly five whys - sometimes you'll find the root cause after three, sometimes it takes seven. The point is to keep asking until you uncover something you can truly fix, not just patch.

# Fishbone Diagram (Ishikawa): Seeing Cause-and-Effect Visually

Some problems have one obvious cause. Others are messy - a mix of different factors all contributing to the same issue. When things get complicated, the Fishbone Diagram (also called an Ishikawa Diagram) is one of the best tools to bring clarity.

It's called a "fishbone" because the diagram literally looks like the skeleton of a fish. The problem you're trying to solve is written at the "head," and the possible causes branch off the "spine" like bones.

This tool helps you see the different categories of causes at once, instead of looking at problems in isolation. Common cause categories include:

- People Is training missing? Are responsibilities unclear?
- Processes Is there a step that's confusing or unnecessary?
- Equipment Are tools outdated, broken, or missing?
- Materials Are you working with low-quality supplies or missing information?
- Environment Is the workspace cluttered, noisy, or poorly organized?
- Policies Are rules, approvals, or procedures slowing things down?

# Example:

A restaurant was getting frequent customer complaints about long wait times. Using a Fishbone Diagram, the team listed every possible cause: short staffing (People), inefficient table assignment (Process), a slow ordering system (Equipment), and so on. Once they saw all the

factors on one page, it became clear that the biggest issue was the outdated ordering software - they fixed it first and saw wait times drop almost overnight.

The Fishbone Diagram doesn't solve the problem for you - but it lays out the *whole picture*. By mapping causes visually, you can see connections, spot patterns, and decide which "bones" to tackle first. It turns a messy problem into an organized plan for action.

#### **Check Sheets: Simple Tracking to Reveal Patterns**

Sometimes the hardest part of fixing a problem is simply knowing what's really happening. People might have strong opinions about why an issue keeps coming up, but opinions aren't proof. That's where a check sheet comes in.

A check sheet is one of the simplest Six Sigma tools you'll ever use - it's literally just a form for tracking when something happens. You create a sheet, list the types of problems (or steps you're observing), and make a mark every time it occurs.

# Why it works:

- It's easy. No spreadsheets, no software just pen and paper (or a simple digital version).
- It's fast. You can start using it today with zero training.
- It reveals patterns you might miss. When you see marks piling up in one column, the problem becomes obvious.

#### Example:

A small office kept getting calls about missing information on invoices. Instead of guessing why, they created a check sheet with columns for each type of mistake (missing address, wrong total, no due date, etc.). After one week, the sheet showed that *most* errors were missing addresses. That single insight pointed to a quick fix - updating the template to auto-fill address fields - and the majority of invoice problems disappeared.

The power of a check sheet isn't just in collecting data - it's in seeing the truth on paper. Once you see where the marks stack up, you can stop guessing and start fixing.

#### Before/After Snapshots: Documenting Small Changes for Big Credibility

One of the easiest ways to build support for improvement efforts is also one of the simplest: show what changed.

Quick wins can be powerful, but they're often so small and practical that people forget how bad things were before. That's why taking before/after snapshots is so important - it turns invisible progress into visible proof.

A before/after snapshot doesn't have to be fancy. It can be:

- A photo (a cluttered supply shelf that's now organized)
- A screenshot (a confusing online form simplified into one screen)
- A short description ("We used to spend 2 hours reconciling invoices; now it takes 15 minutes")
- Even a simple number (a daily error rate dropping from 10 mistakes to 2)

# Example:

A warehouse team reorganized their packing station. Before the change, tools were scattered and labels were hard to find. After the fix, they took a quick picture of the new, tidy setup. That one photo convinced management to support similar changes in other areas - because the improvement was undeniable.

# Why this works:

- It builds credibility. People believe what they can see.
- It motivates teams. Employees are proud when they see their efforts "on record."
- It creates momentum. Leaders are more willing to back future improvements when they see clear results.

Quick wins might happen fast, but documenting them ensures they're remembered - and that they inspire the *next* round of improvements.

#### **CHAPTER 4: Quick Wins in Action**

# **Example 1: A Small Retail Store Reduces Refunds by Tracking Common Causes**

At a small clothing boutique, the owner was frustrated by the number of refunds being processed each month. The returns weren't destroying the business, but they were eating into profits and taking up valuable time.

Rather than overhaul the entire return policy, the owner decided to start small. She created a simple check sheet behind the counter with four columns:

- Wrong size
- Damaged item
- Changed mind
- Other

Every time a refund was issued, staff marked the reason on the sheet. After just two weeks, a clear pattern emerged - over 60% of refunds were due to sizing issues.

The quick insight led to an even quicker fix:

- The store added size charts next to display racks.
- Staff began asking one simple question before checkout: "Would you like to try that on?"

Within a month, refunds dropped by nearly half.

The best part? The solution didn't require new systems, expensive technology, or a complicated initiative. It started with a basic check sheet, uncovered a root cause, and led to a fix that was easy to implement and immediately effective.

This is the power of a quick win - it not only saved the store money, but also built trust that other small improvements could bring big results.

## **Example 2: A Warehouse Eliminates Late Shipments by Fixing One Recurring Bottleneck**

A mid-sized warehouse had a growing problem: late shipments. Orders that were supposed to leave by the end of the day were often delayed, leading to frustrated customers and strained relationships with suppliers.

Instead of blaming staff or immediately investing in new systems, the warehouse manager decided to look for the bottleneck. Using a simple check sheet over the course of a week, the team tracked every delayed order and wrote down *why* it was late.

By the end of the week, one issue stood out clearly: the shipping label printer.

• It jammed frequently.

- It ran out of labels in the middle of packing.
- Only one employee knew how to clear certain errors.

Because everything waited on that printer, every jam slowed the entire shipping line.

The fix was fast and inexpensive:

- The team stocked extra labels right next to the printer.
- Two more employees were trained on how to troubleshoot jams.
- A small daily maintenance check was added to make sure the printer started the day clean and ready.

The result? Shipments started leaving on time almost immediately.

This one quick fix didn't just solve the label problem - it restored confidence in the team and proved that looking for the real source of delays can uncover surprisingly simple solutions.

# **Example 3: A Service Company Improves Customer Response Time by Reorganizing Tasks**

A mid-sized IT support company prided itself on helping clients quickly, but their response time was slipping. Customers who used to get answers within an hour were waiting half a day or more. Complaints were starting to come in, and the team felt constantly "behind."

Instead of rushing to hire more staff or buy new software, the operations manager decided to take a closer look at how work was flowing.

She spent one morning simply observing the team and asking questions. The issue became obvious almost immediately:

- Support reps were splitting their focus. They were checking emails, answering phones, updating tickets, and trying to troubleshoot problems all at the same time.
- Tasks weren't clearly assigned, so urgent messages were often buried under less important ones.

The fix was straightforward:

- The team created a simple task rotation. One rep handled phones for an hour while another focused only on emails and ticket updates, then they swapped.
- Urgent requests were flagged in the email system so they could be prioritized instantly.

The change required no new hires, no major expense, and no long-term project plan. Yet within a week, customer response times dropped back under an hour - and clients noticed the difference.

This quick win didn't just speed up service; it also reduced stress for the team. By organizing tasks more clearly, they could work smarter instead of harder, proving that sometimes a small process shift can feel like a big transformation.

# **CHAPTER 5: Making Quick Wins Stick**

#### Why Some "Quick Fixes" Unravel Over Time

Quick wins can feel like magic - one small change and suddenly a frustrating problem is gone. But not every quick win lasts. Some fixes quietly unravel over time, leaving teams wondering why things slipped back to the way they were.

This usually happens for a few common reasons:

- No one "owns" the improvement. A fix is made, but no one is assigned to keep an eye on it. Without ownership, it slowly gets forgotten.
- Old habits creep back in. People naturally fall back into comfortable routines. If the new way isn't reinforced, the old way eventually returns.
- The fix was only a patch. Some quick wins address the symptom, not the cause. They work for a while, but the underlying problem eventually shows up again.
- Lack of visibility. If no one is tracking whether the improvement is still working, no one notices when it starts to fade.
- Team changes. When key people leave, they sometimes take the "how" of the fix with them especially if it wasn't documented.

Quick wins are meant to be fast, but they shouldn't be fragile. The goal isn't just to see an immediate result - it's to make sure that result lasts. The next section will focus on how to lock in those wins so they don't slowly disappear.

# Easy Ways to Keep Improvements Alive (Visual Reminders, Team Check-Ins, Quick Metrics)

Quick wins can fade if they're not reinforced - but keeping them alive doesn't have to be complicated. A few simple habits can make the difference between a short-term fix and a lasting improvement.

#### 1. Use visual reminders.

People forget. A new process might stick for a week, but then old habits creep back in. Visual cues - like a laminated checklist, a label on a shelf, or even a simple "before and after" photo - keep the new way front and center. If the improvement is visible, it stays top of mind.

#### 2. Build in quick check-ins.

A five-minute conversation at the end of the week or a quick daily "how's it working?" question can reveal whether the fix is holding up. These small moments keep everyone accountable and give the team a chance to flag problems before they grow.

## 3. Track one or two simple metrics.

You don't need a dashboard full of data. Just pick a single indicator tied to the quick win - fewer customer complaints, faster shipping times, fewer errors - and keep an eye on it. If that number starts to slip, it's a sign the fix needs attention.

#### 4. Celebrate the success.

When a quick win sticks, recognize it. A simple "great job" in a team meeting or a note on the bulletin board reinforces that the change mattered - and motivates people to maintain it.

#### 5. Document it.

Write down what changed and how it's done now, even if it's just a short note or a photo. That way, if team members leave or roles shift, the knowledge doesn't disappear with them.

Small fixes can create big results - but only if they last. These easy steps keep those wins alive and ensure today's improvement doesn't quietly become tomorrow's forgotten idea.

# Turning a Single Win into a Habit of Improvement

A single quick win feels good - it solves a problem, saves time, and boosts morale. But the real power of a quick win isn't just the fix itself - it's what happens next.

One win creates proof. Proof that change is possible, that problems don't have to linger forever, and that anyone can take action to make things better. That proof sparks confidence, and confidence fuels momentum.

Here's how to turn one victory into an ongoing habit of improvement:

- Talk about the success. Share what changed, how it helped, and who made it happen. When people see results being noticed, they start looking for their own opportunities to contribute.
- Ask "What's next?" right away. Don't let the energy fade. As soon as one fix is in place, gather the team and ask, "What's the next thing we can improve?"
- Keep the bar low to start. Early wins should stay small and easy. This builds a rhythm of action instead of letting the process stall in complexity.
- Encourage every idea. Not every suggestion will turn into a fix, but the more comfortable people feel sharing them, the more improvement opportunities you'll uncover.
- Make improvement normal. Instead of treating each change as a big event, weave small fixes into daily work. Over time, "looking for better ways" becomes second nature.

One quick win is powerful. Ten in a row can change a department. A steady stream of small, continuous improvements can change the entire culture of an organization. That's when quick wins stop being one-time events - and start becoming a way of working.

# **CHAPTER 6: When to Think Bigger**

#### How to Know When a Problem Needs More Than a Quick Fix

Quick fixes are powerful - they clear bottlenecks, remove frustration, and show that change can happen fast. But not every problem can be solved with a single tweak. Some issues are too deep, complex, or widespread to be handled with a quick win alone.

Here's how to recognize when a problem calls for a bigger approach:

#### 1. The problem keeps coming back.

If you've applied two or three quick fixes and the issue still reappears, you're likely addressing symptoms, not the root cause. That's a sign you may need a structured project to dig deeper.

#### 2. The impact is broad.

Some issues don't just affect one step or one department - they ripple across the entire organization. If solving the problem will require multiple teams, resources, or systems to change, it's time to think bigger.

# 3. Data is missing or unclear.

Quick fixes rely on obvious patterns and simple observations. But if you can't see what's really causing the issue - or you need detailed data collection and analysis to understand it - you may need a more formal Six Sigma approach.

#### 4. The fix requires major investment.

If the solution involves new technology, new equipment, or policy changes, it won't be quick. That doesn't mean you can't start with smaller wins, but the ultimate solution will need a larger plan.

# 5. The stakes are too high for "good enough."

Quick fixes are great for clearing everyday headaches, but some problems - like safety risks, regulatory issues, or high-value processes - require more rigorous solutions from the start.

Quick wins aren't meant to replace big projects. They're meant to open the door. By knowing when to shift gears from "fast fixes" to "full solutions," you can keep momentum going - while making sure the biggest, most critical issues get the attention they deserve.

#### **Introducing the Idea of Longer Six Sigma Projects**

Quick wins are the spark that gets improvement started - but some challenges require more than a spark. They need a structured, step-by-step project to fully untangle the root cause and deliver lasting results.

That's where the full Six Sigma approach comes in. Instead of just fixing what's obvious, Six Sigma projects dive deeper. They use proven frameworks like DMAIC (Define, Measure,

Analyze, Improve, Control) to map out problems, gather data, and create solutions that hold up over time.

Think of it this way:

- Quick wins are like patching a pothole you can smooth the road in minutes.
- A full Six Sigma project is like rebuilding the road so it never crumbles again.

You don't need to be a statistician to tackle bigger projects, but they do call for more structure, more analysis, and often, formal training. That's why many professionals pursue Six Sigma certifications - to gain the skills and tools needed for those high-impact initiatives.

At MSI, we offer those certification programs for when you're ready to go beyond quick fixes. But for now, just remember this: quick wins build the confidence and momentum that make larger Six Sigma projects possible. They're the first step on a path to deeper, lasting transformation.

# Transitioning from Quick Wins to Structured Improvement Without Losing Momentum

Quick wins are great at building energy - they prove that change can happen fast and inspire people to keep looking for ways to improve. But at some point, you'll run into problems that can't be solved with a checklist or a five-minute fix.

The challenge is this: how do you shift into bigger, more structured improvement work without slowing everything down or losing the enthusiasm those quick wins created?

Here's how to make that transition smoothly:

#### 1. Keep celebrating the small wins.

Don't abandon the quick wins once bigger projects begin. Continue to look for small fixes while tackling the larger ones. This keeps the team feeling progress even when the bigger work takes time.

#### 2. Build on what's already working.

The patterns and insights you uncovered during your quick fixes are valuable. Use them as a starting point for deeper analysis instead of starting from scratch.

#### 3. Introduce structure gradually.

When moving into full Six Sigma projects, don't overwhelm your team with heavy jargon or complex methods all at once. Start with simple elements of structured improvement - like defining the problem clearly and tracking a few key measures.

#### 4. Keep people involved.

Quick wins thrive on team participation. Don't let larger projects become "management only." Keep employees engaged in identifying causes, testing solutions, and sharing feedback.

# 5. Show early signs of progress.

Bigger projects take longer to complete, but you can still create milestones - small achievements along the way - to keep momentum alive.

Quick wins light the fire. Structured improvement keeps it burning long enough to reshape entire processes and even whole organizations. By blending both approaches, you avoid the "stop-start" feeling that kills enthusiasm and instead create a steady flow of progress - fast wins feeding into lasting change.

#### **CONCLUSION – The Fix It Fast Promise**

# **Recap: Anyone Can Use These Tools**

The heart of this book is simple: you don't need a title, a certification, or a budget to start making things better.

The tools you've seen - check sheets, 5 Whys, fishbone diagrams, Pareto charts - aren't complicated. They don't require weeks of training or expensive software. They just require someone who's willing to look at a problem, ask a few smart questions, and take action.

Anyone can do that. A store clerk who notices why customers keep returning items. A warehouse worker who spots the one step slowing down shipments. A team leader who decides to reorganize how tasks are assigned.

The fixes don't have to be perfect, and they don't have to be big. What matters is that you start. One small improvement leads to another, and before long, you've built something bigger than a quick win - you've built a habit of fixing what's broken.

That's the promise of *Fix It Fast*: you can use these tools today. You can change how things work tomorrow. And you can keep building, one win at a time, until improvement isn't just something your workplace talks about - it's the way it operates.

# Quick Wins Aren't Just "Band-Aids" - They're Culture Builders

It's easy to think of quick wins as temporary fixes, little "band-aids" to cover up bigger problems. But when done right, they're much more than that - they're the foundation for a culture of improvement.

Each quick win sends a message: *problems can be solved, and anyone can solve them.* When people see a process get better because someone spoke up or took action, it changes how they think about their work. They stop accepting frustration as "just part of the job" and start looking for ways to make things better.

This shift spreads. Teams that experience a few quick wins begin to expect improvement. Leaders start asking, "What can we fix next?" Employees feel empowered to suggest changes instead of staying quiet.

Over time, these small fixes add up - not just in savings or efficiency, but in mindset. Quick wins create ownership. They create engagement. And they create a workplace where improvement isn't an occasional project - it's part of everyday life.

That's the real value of quick wins. They don't just solve problems - they spark a culture where fixing problems becomes second nature.

#### A Call to Action: Start with One Small Problem Today

Don't wait for the "right time" to start improving - start now. Look around your workplace, your team, or even your own daily tasks. There's something that could be smoother, faster, or less frustrating.

Pick one small problem. Maybe it's a form that asks for the same information twice. Maybe it's a step in a process that nobody really needs. Maybe it's that one thing everyone complains about but no one has ever tried to fix.

Then do something about it - today.

Use a check sheet to see how often it happens. Ask "why" until you find the cause. Make a small change and see what happens.

That single fix will do more than solve one problem. It will show you - and everyone around you - that improvement is possible. And once you see that, you won't stop at one.

The tools are in your hands. The first win is waiting. Start with one small problem today, and you'll be on your way to building a better tomorrow.

# Popular Six Sigma Certification Options from MSI

<u>Six Sigma White Belt</u> - A perfect starting point, the White Belt introduces the core principles of Six Sigma and basic process improvement tools. It's ideal for anyone new to the concept and looking to understand the fundamentals.

<u>Six Sigma Yellow Belt</u> - The Yellow Belt builds on the basics, teaching participants how to support Six Sigma projects and use simple tools to improve everyday tasks. Great for team members who want to contribute to change efforts.

<u>Six Sigma Green Belt</u> - The Green Belt prepares professionals to lead smaller projects and assist on larger initiatives. It covers the DMAIC framework in detail and teaches data-driven problem solving.

<u>Six Sigma Black Belt</u> - The Black Belt certification develops leaders capable of managing complex projects and driving significant business improvements. It focuses on advanced analysis, leadership, and strategy for process excellence.

<u>Six Sigma Master Black Belt</u> - The highest level of Six Sigma expertise, the Master Black Belt is for those who mentor other practitioners, set organizational strategy, and lead enterprise-wide initiatives. It positions you as a true authority in process improvement.